

# Archery Fit

## RainBow achievement program

We permanently run an achievement program so that you always know where you are and where you want to get with your archery skills! The most exciting part is that you can show off by obtaining our super funky RainBow badges so that everyone else knows how cool you are :)

### Facts about RainBow program:

1. Where. Archery Fit.
2. When. Every day.
3. Round. WA 18 meters indoor:
  - distance: 18 meters
  - target: 40 cm triple spot vertical face
  - arrows: 60 (3\*20 ends)
4. Bows. Olympic recurve & Compound.
5. Achievements. Equal to Archery GB grades table for WA 18m round:

	Olympic recurve bow		Compound bow	
	Ladies	Gentlemen	Ladies	Gentlemen
<b>A</b>	560	576	558	568
<b>B</b>	541	560	549	558
<b>C</b>	479	516	519	537
<b>D</b>	347	410	438	486
<b>E</b>	182	254	292	370
<b>F</b>	86	124	150	203
<b>G</b>	38	58	63	100
<b>H</b>	24	38	45	63

### 3 easy steps to enter RainBow program:

1. Tell us you are doing your assessment shooting on the day and get your scoring card (below).
2. Shoot WA 18m round scoring every end (our Championships procedures apply). You need to produce a filled in scoring card with a witness signature and/or digital photos of each end.
3. Get your achievement badge for just £5. Put it on your quiver and smile :)

## Collect Archery Fit RainBow!

# Archery Fit Rainbow

## Scoring Card

Full name: \_\_\_\_\_

Bow: R | C

### 18m WA Round

Date: \_\_\_\_\_

18m-1	1	2	3	Sum	Tot	10	9
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
<b>Total</b>							

Olympic recurve grades		
	Ladies	Gentlemen
<b>A</b>	560	576
<b>B</b>	541	560
<b>C</b>	479	516
<b>D</b>	347	410
<b>E</b>	182	254
<b>F</b>	86	124
<b>G</b>	38	58
<b>H</b>	24	38

18m-2	1	2	3	Sum	Tot	10	9
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
<b>Total</b>							

Compound grades		
	Ladies	Gentlemen
<b>A</b>	558	568
<b>B</b>	549	558
<b>C</b>	519	537
<b>D</b>	438	486
<b>E</b>	292	370
<b>F</b>	150	203
<b>G</b>	63	100
<b>H</b>	45	63

Total score after 20 ends:

\_\_\_\_\_  
Scorer (signature)