

# Archery Fit

## Head 2 Head

We offer another challenge for any experienced archer, from any archery club :) Head 2 Head experience, even if it's a mock shoot, is a valuable source of information for an archer's training. Whatever your goals in archery are (unless there are no goals) – performing under even a minimal pressure will be advantageous for your skills development. Moreover, seeing comparable reference results by the people you know may help adjust your training program / habits – you can get tips at first hand.

### Terms of the AF H2H:

1. What. 1 elimination round, 9-15 arrows.
2. When. Any day.
3. Where. Archery Fit.
4. Divisions (8+ y.o.). RM, RW, CM, CW, BM, BW, LM, LW (re-enactment bows allowed).
5. Target faces. 40cm triple face (RM, RW, CM, CW), 40cm full face (BM, BW, LM, LW).
6. Incentive. Archer losing H2H adds £1-5 (TBA by athletes before the shooting commences) to the H2H Charity Box. All proceeds will be donated to a charity.
7. Rules:
  - regular WA/AGB scoring rules apply (i.e. no touching before scoring, line cutting for higher score, internal ring for CM/CW 10 pts, etc.), cumulative scoring if both archers shoot compound / set points for mixed and other divisions
  - 2 archers shall be shooting at the same time (in the same or different divisions)
  - only archers with the max difference of 30 pts (PB) can compete with each other
  - club staff (preferably instructors) act as judges if required.

**Let the arrows fly :)**

# Archery Fit H2H Scoring Card

Date: \_\_\_\_\_

Archer A Division:    RM    RW    CM    CW    BM    BW    LM    LW

	1	2	3	Sum	Total / Set Pts
1					
2					
3					
4					
5					
Total					

Archer A: \_\_\_\_\_  
name
signature

Archer B Division:    RM    RW    CM    CW    BM    BW    LM    LW

	1	2	3	Sum	Total / Set Pts
1					
2					
3					
4					
5					
Total					

Archer B: \_\_\_\_\_  
name
signature